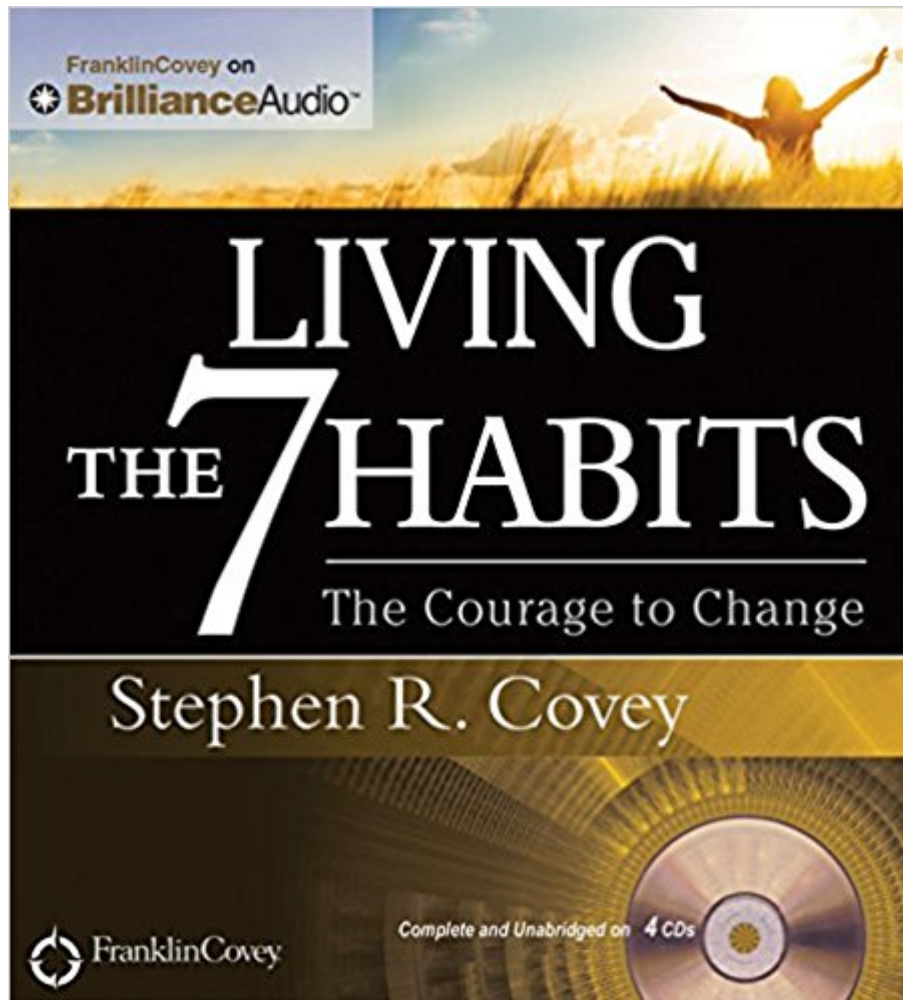




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Living The 7 Habits: The Courage To Change



Synopsis

Stories of Hope and Inspiration
In *Living the 7 Habits: The Courage to Change*, Dr. Covey shows how successful people have used these principles to solve problems, overcome obstacles, and change their lives. By showing how real people have used the principles to thrive in a changing world, he provides practical guidance and powerful inspiration to listeners searching for a proven framework for living a meaningful life.

Book Information

Audio CD

Publisher: Franklin Covey on Brilliance Audio; Unabridged edition (March 14, 2015)

Language: English

ISBN-10: 1501231936

ISBN-13: 978-1501231933

Product Dimensions: 6.5 x 0.6 x 5.5 inches

Shipping Weight: 4 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 48 customer reviews

Best Sellers Rank: #713,183 in Books (See Top 100 in Books) #17 in [Books > Books on CD > Authors, A-Z > \(C \) > Covey, Stephen R.](#) #115 in [Books > Books on CD > Business > Career](#) #432 in [Books > Books on CD > Business > General](#)

Customer Reviews

Stephen Covey's famous *7 Habits of Highly Effective People* has been teaching people and organizations how to be more effective since 1989. But how do Covey's principles translate for real people living their lives? *Living the 7 Habits* presents more than 70 little stories of people as they meet challenges and practice the seven habits. Some are ordinary slices of life; others are pivotal moments or life changes. A 76-year-old man who had overdrawn his wife's "emotional bank account" starts making deposits of chores, favors, and special dates until love is rekindled. A woman changes her life after her husband dies of cancer. Children teach parents empathic listening. A banker-turned-minister, cleaning his gun as his pregnant wife naps on the couch, accidentally discharges it, killing his wife and the unborn child, and learns to recover from grief and guilt. Parents learn to hear their teenagers' anxieties with respect and understanding. A clinical-psychology researcher, moved by statistics that one-third of foster kids never return to their birth parents or get adopted, creates a village for former "unadoptable" children, their new parents, and volunteer "grandparents." The stories are organized thematically into individual, family,

community, education, and workplace--with commentary from Covey following each story. If you practice the seven habits and seek inspiration and a feeling of community, this book will help you find both. --Joan Price --This text refers to an out of print or unavailable edition of this title.

Covey fans and booksellers alike will be delighted by this collection, perfect for June gift-giving occasions and destined for a long life. For 10 years, the author's famed *Seven Habits of Highly Effective People* has influenced countless individuals and organizations worldwide and sold millions of copies. Conceding that the earlier books may have been long on theory and light on practice, Covey and his team culled thousands of testimonials for examples of the principles in action. The resulting collection of more than 75 true stories will satisfy the full range of Covey constituents. Though the storytelling is always first-person, the focus is consistently on the underlying principle, reinforced by Covey's commentary. Handily arranged by situation within individual, family, community, workplace and educational settings and varying in depth and power, the stories offer intriguing and provocative lessons. They are mostly brief and often inspiring, but are by no means simplistic; they readily lend themselves to informal teaching and discussion. Some are dramatic and hard to forget: a woman facing a debilitating disease; a convict finding his mission while in prison. Many instructive stories deal with more routine problems, such as how to handle a sullen teenager sensitively or accommodate the needs of an elderly relative. Longer entries from executives of Shell Oil, Olivet College and Alphagraphics, and about the rejuvenation of South Bend, Ind., will appeal to strategic thinkers. This is a Covey classic. Agent, Jan Miller; 20-city TV and radio satellite tour. Copyright 1999 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

I thought that I didn't need to waste my time reading about other people's lives, until I had more time after getting mine in order. But this book helped me master, not just understand the 7 Habits. Like feet on the ground carrying out what Steven Covey teaches. Awesome read!!!!!!

Don't pass on this great read.

Great addition to the "7 secrets" series, which I think has sound principles of life and relationships that should be taught in high school. Everybody close to starting adult life should know these principles. This way many more families will be thriving, not broken!

This book, if you put it into practice, you can use it in your life and not just in your professional life. If you feel like things are getting out of control, grab the book and look back at a chapter that helps.

I really enjoyed this book. The advice and lessons apply to anyone no matter what your age. It wakes you up to the important issues in your life and urges you to think about where you are going and how you want to get there. It just makes sense and I would recommend it to anyone

Wish I'd gotten the hardback copy, however--for the difference in price, the color photos in the hardback are really impressive.

Great book!

Amazing book!

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Revolution: The Plant-Based Program That Will Transform Your Body, Reset Your Habits, and Change Your Life Summary of Steven R. Covey's The 7 Habits of Highly Effective People: Powerful Lessons in Personal Change

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